



# Catalyse

**Mahatma Night Degree College of Arts & Commerce**

**Report for 2023-24**



# About CMCA



CMCA is a 23-year-old non-profit headquartered in Bengaluru that is a pioneer in Citizenship Education in India. Our mission is to transform the young into concerned, thinking and active citizens for an inclusive and sustainable India. We do this by engaging with young people at the grassroots in educational institutions (schools and colleges) and community spaces (libraries, skilling and learning centres), through experiential programmes that impart Citizenship Values and Life Skills. Additionally, we advocate and support the government to improve existing policies and mechanisms in civic participation and education for the young.

In partnership with government and like-minded organisations, CMCA reaches 80,000+ young people in 16 cities and 1,100 villages, in over 650 institutions annually. CMCA is poised to reach 10 lakh children and youth by 2025. Read more about CMCA at [www.cmcaindia.org](http://www.cmcaindia.org)



# About Programme



The programme consists of workshops that cover themes of democracy and citizenship, including the Fundamental Duties of all Indian citizens. The sessions encourage students to express their thoughts on various issues and create opportunities for community participation. This process of delivery not only imparts citizenship education but also develops critical life skills for active citizenship.

- ❑ Duration: 7 hours
- ❑ 3 thematic sessions of 2 hours each and 1 hour of reflection
- ❑ 2 experiential project which involves participants completing the project activities in between sessions. We strongly recommend that this be completed by all participants in pairs or groups.
- ❑ Reading material, and simple activities as home assignments, secondary research, etc. are part of the programme.
- ❑ Platforms are provided to encourage youth to develop their skills by further engaging with CMCA.

**Session 1 : Your voice and Active Citizenship + Collective action experiential project work** - Participants are introduced to CMCA through a quiz on our pioneering benchmark study - Yuva Nagarik Meter, that provides India for the first time with reliable data on the levels of knowledge, comprehension, attitudes and values of young Indians pertaining to democratic citizenship. This session builds on the ideas of concern, cooperate, coexist and confront as important aspects or facets of active citizenship.

**Session 2 : Leading successful change initiative** - This session enables youth to arrive at a deeper understanding of what is 'Change' and 'Development' through a process of critical reflection and exchange of ideas. In this session, participants discuss the issues and challenges faced by India today. During group work, they are faced with a 'limited resources (budget)' and bear the responsibility and accountability that comes along with being the 'government'. Discussions within groups allow for a common understanding of Change and Development to emerge. Further, the session moves onto exploring equitable development through a series of real-life stories and other inputs.

**Session 3 : Youth and Social Change** - In this session, the focus is to enable a better understanding of social inequalities and the value of social justice, economic justice and equality in our lives. Using various pedagogies and activities, the students are sensitized to the theme of equality and the need for empathy, building a culture of dignity and good relations among citizens. A reflection activity followed by real-life situations which help participants think deeper about applying learnings and navigating complexity to drive

**Session 4 : Reflections - Your move forward** - The concluding session is a showcase of the activities and sessions. Groups work together on sharing learnings with their professors, management, and peers. This session is a time for assimilation and reflection, celebration and recognition. Participants think about: - How have I changed? - What did I do? - How did it help me? - What have I learnt? This session guides the participants to develop a clear way forward – helping them to apply what they have learnt in CMCA Catalyse workshops.



# Brief report on CMCA Catalyse at Mahatma Night Degree College of Arts & Commerce



**College:** Mahatma Night Degree College of Arts & Commerce

**CMCA Facilitator:** Ms. Brinda Ganesh

**Number of workshops:** 4

**Number of hours** – 15 hrs. (7 hrs. session & 8 hrs. TFC project)

**No of Students:** 40 Students

**Workshop themes:**

1. Your voice and active citizenship
2. Leading successful change initiatives
3. Youth and social change
4. Reflections - your move forward

**Together for change projects:**

1. Empathy & equality project
2. Be a critical thinker project
3. India's unique Composite Culture project

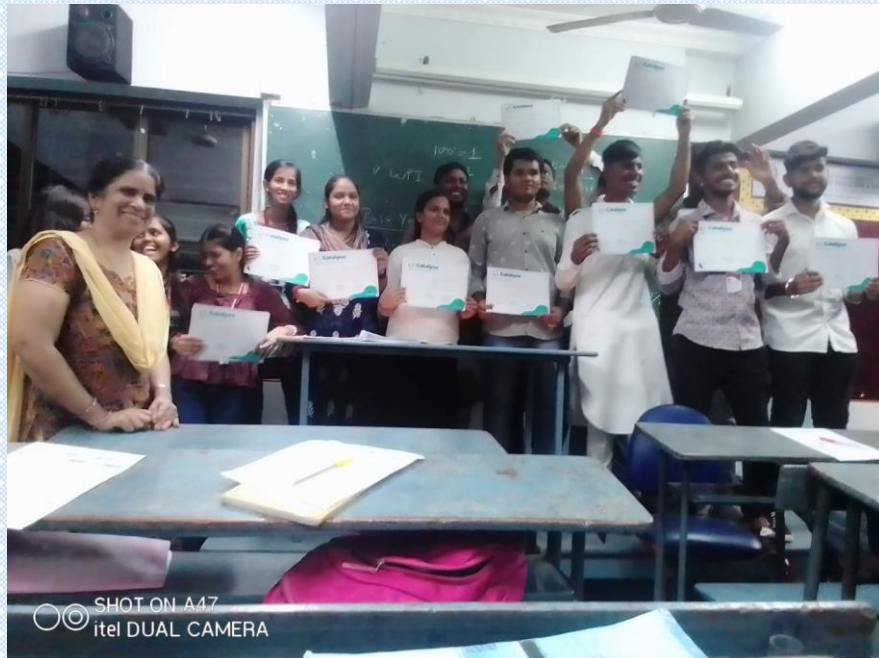
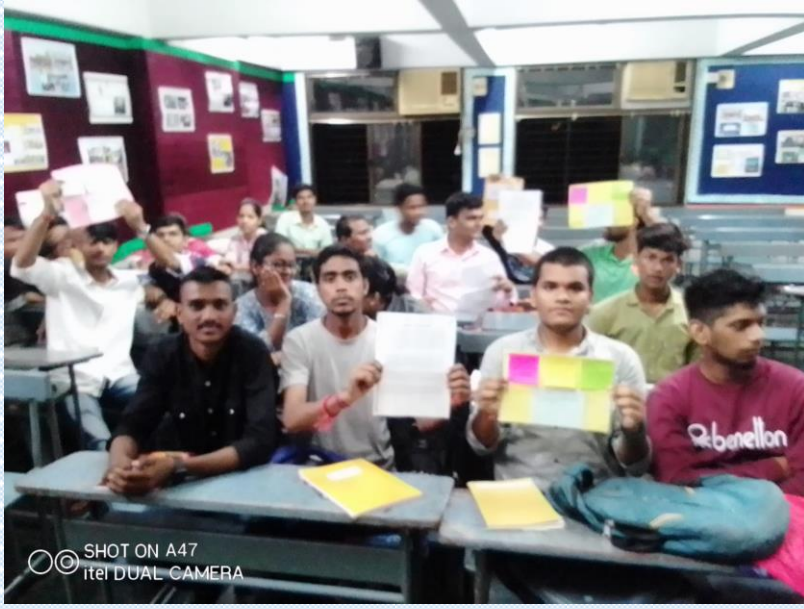
# Programme Outcomes

The Catalyse program is very well received by the students

Our "Together for Change" projects, focusing on the themes of Equality and Empathy, as well as Critical Thinking, were executed and presented exceptionally well by student groups.

They exhibited great teamwork and creativity.

# Glimpses





# Student's Feedback

The Catalyse workshops and activities was really good and well planned. All the things were very well organised.



I would treat everyone equally, proper education and guide for each person





# Thank you from CMCA



The success of Catalyse in your college has only been possible because of your constant encouragement and support. We sincerely appreciate your belief in CMCA's cause which has enabled the smooth functioning of the Catalyse workshops.

Thank you for partnering with us to transform the young into concerned, thinking and active citizens!

# About CMCA



23-year-old pioneers in Citizenship Education in India



Winners of Namma Bengaluru award (2010) & iVolunteer award (2017)



Accredited by Credibility Alliance & GuideStar India



Our Board of Trustees include Vrunda Bhaskar, Aroon Raman, Sudhakar Rao, Dr. A.N. Yellappa Reddy

## PARTICIPANTS AND REACH (2022-23)



CHILDREN & YOUTH



SCHOOLS & COLLEGES



LIBRARIES



CITIES



VILLAGES

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