

About the Workshop:- Pre-marital education and counselling have been shown to have wonderful benefits for marriage over the long run. Marriage preparation programs like this have been shown to cut the divorce rate by more than 30%. The following are the objectives of the workshop

- ✦ To sensitize youngsters about gender equality
- ✦ To make the youth aware about 'How to select life partner?'
- ✦ To make them aware about marital adjustment
- ✦ To make them aware about legal aspects of marriage
- ✦ To make youth aware about healthy sexuality in marriage

“Considering the enormous importance of marriage, it is rather astonishing that we don't make better preparation for its success. Usually young couples date for a few months or for a year or two, enjoying romance and getting acquainted. But once they are married, they soon learn that romance must blend with spiritual beliefs, in-law relationships, money issues, and serious discussions involving ethics, long term commitment, children and the running home.”

Our Patrons

- Dr. K.M. Vasudevan Pillai** (Chairman & CEO, MES)
Dr. Daphne Pillai (Secretary and Chairperson Management Board, MES)
- Dr. Priam Pillai** (COO, MES)
Mr. Franav Pillai (Deputy CEO, MES)

The Workshop Team

- Dr. Padma Rangan** (Chairperson)
Asst. Prof. Tushar Pawar (Convenor of Workshop, MNDC)
- Ms. Manisha Parle** (Convenor of Workshop, SMS)

Advisory Committee

- Mrs. Jyoti Mhapsekar** (Founder Chairman-
Stree Mukti Sanghatana)
Asst. Prof. Vijaylaxmi Saini (Chairperson-WDC)

Organizing Committee

- Dr. Lata Krishnan** (WDC-Member)
Asst. Prof. Chandramohan Varma
Asst. Prof. Anaya Markandeya (WDC- Member)
Dr. Eknath Zhrekar
Asst. Prof. Harsah Shukla (NSS P.O.)

Schedule of the Workshop

- Day and Dates : Friday, 28/07/2017
Session : Session-I & Session-II
Time : 5.30 to 7.15 p.m. Break
7.30 to 9.30 p.m.
Topic : Gender Equality &
Selection of partner
Speaker : Ms. Sangeeta Saraf
- Day and Dates : Saturday, 29/07/2017
Session : Session-I & Session-II
Time : 5.30 to 7.15 p.m. Break
7.30 to 9.30 p.m.
Topic : Marital Adjustment &
Sexuality Education, Legal aspects of
marriage
Speaker : Ms. Pradnya Saraf

Contact:-

- Asst. Prof. Tushar A. Pawar** 8097631237
pawartushara@gmail.com
Ms. Manisha Parle 8097685895



Mahatma Education Society's Mahatma Night Degree College of Arts & Commerce

**The NSS Unit and Women Development
Cell of the College jointly**

Organise

*Two Days Workshop
in collaboration with*

*Stree Mukti Sanghatana , Chembur
On
“Pre-Marital Counselling”
28th and 29th July, 2017*

Venue:-

**Room No. 404,
Mahatma Night Degree College of
Arts & Commerce, Chembur Campus.
Time : 5.30 p.m. to 9.30 p.m.**

About Mahatma Night Degree College:- The Mahatma Night Degree college of Arts and Commerce, Chembur, established in 1986 is one of the oldest institutions of Mahatma Education society. Permanently affiliated to the University of Mumbai, the primary objective of the Night Degree college is to provide “higher education for less privileged youth who cannot become full time students at day colleges.” The college offers three years (six semesters) Bachelor of Commerce degree program under the CBCGS of the University of Mumbai.. The Mahatma Night Degree college of Arts & Commerce has completed 31 yrs of service to society in meeting the needs of economically underprivileged students who are not full – time learners and who work during the day to support their families.

Most of the students are 18-21 year olds who are first generation learners in their families to access higher education. They reside in the local area of Chembur, a central suburb of Mumbai where the college is located. Students who pass admission requirements and examinations pay a modest fee out of their wages to attend the night degree classes. In general their families are unable to support their education. The Mahatma Night Degree College of Arts & Commerce is accredited by the National Assessment & Accreditation Council (NAAC), and received a B- grade with CGPA 2.82, in its 2011 re-accreditation. The college is due for accreditation this year for the third cycle.

A strong sense of social responsibility is the hallmark of the Mahatma Education Society. In its website, Mahatma Night Degree College proudly acknowledges that it has been “contributing to the upliftment of the academically and economically challenged section of society by empowering and equipping the first generation learners to become better citizens.” From its inception, the major goal of the college has been to work with underprivileged youth who

face daily adversities, and provide them with higher education opportunities. Through these educational efforts, ultimately Mahatma Education Society aims to make a positive contribution to the larger society. The Mahatma Night Degree College of Arts and Commerce, Chembur is indeed the 'social arm' of Mahatma Education Society.

Women Development Cell of Mahatma Night Degree College:-

As per the guidelines of the Vice-Chancellor of University of Mumbai, the Women Development Cell has been established in our college. The Women Development Cell (WDC) is a statutory body for the prevention/action against sexual harassment of women. It looks into the grievances /complaints of teaching, non-teaching staff and students, especially in cases of gender discrimination. Women Development Cell of the college works towards regularly organizing workshops, seminars and talks to convey the message of 'Gender Equality.'

NSS unit of Mahatma Night Degree College of Arts, Science & Commerce:-

The NSS Motto 'Not Me But You', reflects the spirit of self-less service. The NSS symbol, based on the Wheel of the Konark Sun Temple is embossed on the NSS badge. The symbol stands for continuity as well as change and implies continuous striving for social development. The NSS objective is to develop among the volunteers a sense of social and civic responsibility, gain communication skills in mobilizing community participation, acquire leadership qualities, and develop the overall personality of the students. NSS makes the student responsible, confident and a dedicated citizen.

NSS unit of our college not only inculcates civic sense but also makes the youth aware about gender equality. Our

volunteers conduct rallies, awareness campaigns and perform street plays in the vicinity of the college to promote rights of girls education, save girl child and anti-dowry activity.

About Stree Mukti Sanghatana (SMS):- Stree mukti Sanghatana (SMS) is a voluntary organization working towards socio-economic empowerment of women since 1975. Their activities include Family Counselling Centre, Parisar Vikas in which they have formed SHGs (Self Help Groups) of women waste pickers and also help them on health and education issues, Jidnyasa project under which they help school going children cope with stress management, de-addiction, value education, sexuality education, etc., SMS has numerous publications in Marathi and English and they also publish monthly Marathi magazine Prerak Lalkari., they have a cultural troupe which performs plays on gender sensitization. In addition SMS also runs crèche for children of working women on no profit and no loss basis. They have branches in Chembur, Parel. Vashi, Koprkhairne, Mumbra. Buldana and Osmanabad.

Over the years during the course of their work they have observed that, numbers of cases in our family counselling centres have been steadily rising. Among these the case of women and men approaching the centers immediately after marriage or within the first year of marriage are more. Also there are issues like violence inflicted on young women and girls if they say no to men, adolescent love affairs etc.

SMS feels that these things could be avoided if there is open discussion with youth regarding Equality, selection of partner, marital adjustment, sexuality education, etc. considering the issues and problems arising after marriage. They have also designed a one day workshop on “pre-marital counselling”.



Stree Mukti Sanghatana
(Women's Liberation Organisation)

असुखं न विद्या ।

Mahatma Education Society's

Mahatma Night Degree College of Arts and Commerce, Chembur-71

The NSS Unit and Women Development Cell of the College jointly Organise Two Days Workshop in collaboration with Stree Mukti Sanghatana , Chembur

On "Pre-Marital Counselling" 28th and 29th July, 2017

Registration form

Name of the Student :- _____

Class and Roll No. :- _____

Date of Birth :- _____

Residential Address :- _____

Contact Number :- _____

E-mail ID :- _____

Date :- _____

Signature of Student



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